

LDWA Heart of Scotland 100 - 2010

Finish #	Ent #	LDWA Mem #	Name	M/F	100s done	Start Time	CP2 Kirkmichael	CP3 Daidhu	CP4 Shinagag	CP5 Blair Atholl	CP6 Calvine	CP7 Dalnaca-rdoch	CP8 Loch Errochty	CP9 - A Kin Rannoch In	CP9 - B Kin Rannoch Out	CP10 Pheighinn Bothy	CP11 Fortingall	CP12 Tay Forest	CP13 Aberfeldy	CP14 Loch Kennard	CP15 Pitloch Burn	CP16 Rumbling Bridge	CP17 FINISH
							15.5	23.8	30.4	36.7	43.3	49.2	53.6	61.7	61.7	69.9	76.1	80.5	86.3	92.6	97.4	101.8	104.4
1	16	25448	Gary Attewell	M	1	13:57	2:40	4:11	5:43	6:51	8:23	9:42	10:52	13:29	14:03	16:27	17:44	18:58	20:22	22:09	23:08	24:05	24:37
2	301	27563	Mark Leggett	M	1	11:57	2:41	4:14	5:45	7:02	8:32	9:43	10:50	13:40	14:08	16:34	17:57	19:12	20:25	22:21	23:23	24:22	24:51
2=	386	24624	Chris Pritchett	M	2	11:57	2:42	4:18	5:51	7:03	8:33	9:49	10:58	13:41	14:08	16:36	17:58	19:12	20:31	22:22	23:24	24:22	24:51
4	236	10227	Ian Hill	M	8	11:57	2:46	4:15	5:43	6:53	8:20	9:39	10:41	13:26	13:38	16:13	17:45	19:02	20:36	22:24	23:30	24:33	25:08
5	345	24527	Matt Neale	M	4	13:57	2:40	4:12	5:43	6:52	8:23	9:42	10:52	13:29	14:03	16:27	17:44	18:58	20:22	22:31	23:44	24:53	25:28
6	244	26771	Ian Hodge	M	1	11:57	2:43	4:14	5:48	7:01	8:33	9:51	11:02	13:58	14:36	17:11	18:35	19:39	21:02	22:50	23:54	24:55	25:29
7	472	27991	Gary Vallance	M	2	13:57	2:48	4:16	5:45	6:55	8:18	9:39	11:08	14:10	14:39	17:16	18:34	19:32	20:53	23:15	24:19	25:14	25:44
8	245	23072	Geoff Holburt	M	1	13:57	2:43	4:20	5:53	7:10	8:44	10:15	11:38	14:39	15:00	17:36	19:06	20:14	21:48	23:30	24:38	25:38	26:11
9	98	23182	Jeremy Corke	M	5	11:57	2:42	4:19	5:55	7:07	8:41	9:54	11:06	13:58	14:52	17:24	18:56	20:18	21:35	23:36	24:36	25:40	26:12
10	97	13809	Mick Cooper	M	3	11:57	3:29	5:20	6:58	8:22	10:00	11:32	12:47	15:30	15:49	18:13	19:38	20:38	22:04	23:55	25:00	25:57	26:31
11	75	27176	Lee Carratt	M	1	13:57	2:49	4:34	6:15	7:32	9:18	10:53	12:18	15:23	15:25	18:03	19:25	20:27	21:53	23:54	25:07	26:21	27:01
12	274	23862	Roderick Johnstone	M	1	11:57	2:50	4:25	5:55	7:05	8:45	10:22	11:39	14:58	15:25	18:17	19:57	21:33	22:54	25:02	25:59	27:04	27:50
13	212		Fred Hamond	M	1	11:57	2:44	4:22	6:02	7:19	9:01	10:23	12:00	15:24	16:05	18:52	20:36	22:01	23:32	25:32	26:38	27:36	28:10
14	302	23128	Fabrice Leistner	M	3	11:57	2:35	4:01	5:29	6:43	8:27	9:39	11:05	14:28	16:28	19:03	20:40	21:55	23:14	25:20	26:33	27:40	28:11
15	283	26891	Martin David Kenyon	M	3	11:57	3:23	5:15	6:59	8:27	10:16	11:50	13:21	16:10	16:40	19:08	20:41	21:55	23:32	25:23	26:39	27:47	28:29
16	441	22872	David Smith	M	1	13:57	2:43	4:23	6:06	7:27	9:04	10:41	12:02	14:41	15:07	17:12	19:28	20:48	22:32	24:48	26:14	27:40	28:31
16=	466	18084	Colin Travis	M	1	13:57	2:43	4:23	6:04	7:27	9:04	10:41	12:02	14:40	15:19	17:51	19:28	20:08	22:32	24:43	26:13	27:32	28:31
18	198	27148	Tom Griffin	M	2	9:55	3:28	5:26	7:13	8:30	10:20	11:45	13:04	16:00	16:55	19:51	21:15	22:41	24:21	26:17	27:34	28:48	29:20
19	33	22405	Malcolm Bird	M	8	9:55	3:20	5:08	6:53	8:11	9:49	11:22	12:52	16:00	16:52	19:50	21:21	22:41	24:20	26:17	27:34	28:55	29:41
19=	102	2515	Jeff Coulson	M	1	9:55	3:20	5:07	6:53	8:11	9:49	11:22	12:51	16:00	16:52	19:50	21:20	22:41	24:20	26:17	27:34	28:55	29:41
21	29	24845	Mark Bennett	M	1	12:15	2:55	4:32	6:11	7:32	9:15	10:39	12:07	15:48	16:05	18:54	20:33	22:05	23:52	26:05	27:51	29:17	29:57
22	100	5268	Ivan Cotterill	M	17	11:57	3:06	4:54	6:43	8:06	9:53	11:27	12:56	16:07	16:29	19:16	21:02	22:24	24:16	26:24	27:47	29:12	29:58
22=	342	19295	Philip Musson	M	11	11:57	3:13	5:13	6:57	8:25	10:14	11:52	13:26	16:33	17:12	19:56	21:31	23:01	24:42	26:56	28:17	29:23	29:58
22=	205		Peter Haglund	M	1	11:57	2:56	4:33	6:08	7:23	9:01	10:29	11:49	15:24	16:01	18:40	20:03	22:03	23:55	26:18	27:47	29:12	29:58
25	145	24757	David J Egan	M	4	11:57	2:43	4:16	5:56	7:18	9:01	10:38	12:00	15:33	15:59	18:46	20:29	21:57	23:43	25:57	27:28	29:12	30:06
26	432	17416	David Shepherd	M	6	9:55	5:05	5:17	7:01	8:27	10:08	11:35	13:02	16:00	16:39	19:29	21:15	22:41	24:26	26:45	28:15	29:34	30:08
27	156	24875	Julie Ewers	F	5	9:55	3:21	5:14	6:55	8:17	10:07	11:41	13:07	16:30	18:01	20:42	22:10	23:38	25:16	27:22	28:35	29:42	30:13
27=	319	4116	Kevin Marshall	M	1	9:55	3:33	5:28	7:14	8:44	10:29	11:57	13:17	17:00	17:31	20:15	21:58	23:17	24:56	26:58	28:19	29:34	30:13
27=	453	23014	Lindsey Stewart	F	4	9:55	3:31	5:28	7:14	8:44	10:29	11:57	13:17	17:00	17:21	20:15	21:55	23:17	24:56	26:59	28:19	29:34	30:13
30	20		Dave Banks	M	1	9:55	3:20	5:07	6:53	8:15	10:07	11:41	13:01	16:00	16:39	19:26	20:58	22:23	24:03	26:08	27:34	29:17	30:28
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32	41	21580	Kerry Booth	M	9	11:57	3:00	4:54	6:45	8:02	9:44	11:13	12:41	16:15	16:43	19:39	21:16	22:39	24:26	26:43	28:13	29:38	30:30
32=	55	25472	Pam Brown	F	4	9:55	3:20	5:13	6:55	8:18	10:08	11:41	13:02	16:00	16:39	19:27	21:14	22:41	24:26	26:45	28:15	29:40	30:30
34	58	3744	Sandra Brown	F	10	11:57	3:40	5:39	7:35	9:03	10:53	12:21	13:55	16:53	17:25	20:13	21:47	23:11	24:50	27:06	28:25	29:47	30:32
34=	56	3744	Richard Brown	M	12	11:57	3:40	5:39	7:35	9:03	10:53	12:20	13:54	16:53	17:25	20:13	21:47	23:11	24:50	27:06	28:25	29:47	30:32
36	304	22270	Tony Lewington	M	7	9:55	3:30	5:27	7:13	8:30	10:20	11:45	13:04	16:00	16:55	19:53	21:22	22:49	24:35	26:47	28:15	29:40	30:34
37	393	25226	Mark Rawlinson	M	4	11:57	3:09	5:07	6:53	8:18	10:11	11:44	13:08	16:30	17:04	20:08	21:55	23:15	24:59	27:16	28:38	29:56	30:38
38	491	22116	Madeleine Watson	F	1	11:57	3:18	5:07	6:57	8:17	10:24	12:06	13:24	16:25	17:04	19:40	21:29	22:58	24:42	27:16	28:43	30:00	30:41
39	89	28519	Andy Cole	M	1	11:57	3:24	5:17	6:57	8:14	9:59	11:35	13:07	16:33	17:20	20:04	21:35	22:58	24:26	26:44	28:15	29:51	30:53
40	454	2340	Rex Stickland	M	2	11:57	3:09	4:54	6:53	8:15	9:54	11:27	12:45	16:08	16:27	19:38	21:21	22:51	24:35	26:52	28:25	30:04	31:02
41	392	26839	Michael Ratcliff	M	1	9:55	3:50	5:54	7:49	9:24	11:14	12:51	14:11	17:26	18:17	21:04	22:46	24:07	25:53	27:53	29:15	30:27	31:07
41=	92	15456	Malcolm Coles	M	1	9:55	3:39	5:30	7:18	8:54	10:35	12:10	13:41	17:26	18:13	21:07	22:46	24:03	25:42	27:53	29:16	30:29	31:07
43	375	27589	Laura Piscitelli	F	1	9:55	3:50	5:54	7:49	9:24	11:15	12:51	14:11	17:36	18:15	21:05	22:46	24:08	25:45	27:52	29:16	30:28	31:09
43=	436	16896	Alf Short	M	12	9:55	3:34	5:28	7:19	8:56	10:48	12:30	13:53	17:26	18:01	20:45	22:23	23:47	25:25	27:38	29:04	30:26	31:09
43=	413	7117	Richard Rosser	M	18	9:55	3:53	6:01	7:54	9:37	11:31	13:11	14:43	18:08	18:32	21:05	22:46	24:06	25:44	27:52	29:15	30:28	31:09
43=	463	26141	Wendy Thurrell	F	1	9:55	3:50	5:54	7:49	9:25	11:15	12:51	14:11	17:35	18:17	21:05	22:46	24:07	25:45	27:53	29:15	30:28	31:09
47	327	a250	Bill McDonnell	M	1	9:55	3:20	5:18	7:16	8:55	10:56	12:30	13:53	17:26	18:03	20:45	22:26	23:47	25:25	27:39	29:04	30:27	31:11

48	149	15148	Graham	Ellis	M	5	11:57	3:15	5:13	6:58	8:15	10:07	11:54	13:27	16:40	17:03	20:01	21:33	23:07	24:58	27:35	28:53	30:22	31:14
49	45	12022	Andrew	Boulden	M	18	9:55	3:50	5:54	7:49	9:25	11:14	12:53	14:05	17:45	18:18	21:05	22:46	24:07	25:45	27:53	29:17	30:31	31:15
49=	513	26921	Tara	Williams	F	2	9:55	3:50	5:54	7:49	9:24	11:14	12:52	14:11	17:36	18:19	21:05	22:46	24:08	25:45	27:53	29:17	30:31	31:15
49=	333	2410	Roger	Michell	M	20	9:55	3:50	5:54	7:49	9:24	11:14	12:52	14:11	17:40	18:18	21:06	22:46	24:07	25:45	27:53	29:16	30:29	31:15
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52=	437	3566	Peter	Simpson	M	19	11:57	3:11	5:03	6:47	8:12	9:55	11:28	12:56	16:17	17:20	20:18	21:42	23:11	25:01	27:27	29:03	30:33	31:18
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55	325	23242	Sean	McCartney	M	6	11:57	2:50	4:28	6:08	7:28	9:19	11:08	12:45	16:20	17:15	20:18	22:02	23:41	25:39	27:58	29:17	30:36	31:25
56	160	13243	Neil	Fennel	M	2	9:55	4:03	6:04	8:04	9:33	11:15	12:51	14:11	17:37	18:18	21:05	22:46	24:08	25:45	27:53	29:31	30:54	31:32
57	111	28462	Mark	Dalton	M	1	11:57	2:43	4:20	6:08	7:28	9:19	11:08	12:48	16:32	17:15	20:18	22:00	23:41	25:47	28:12	29:39	31:15	31:53
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59	207	22371	Alan	Hall	M	4	11:57	3:04	4:51	6:35	7:55	9:40	11:14	12:54	16:59	18:22	21:08	22:40	24:11	25:56	28:13	29:38	31:07	31:54
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61	34	5163	Jim	Bispham	M	11	9:55	3:23	5:19	7:11	8:36	10:34	12:10	13:53	17:26	18:11	21:08	22:51	24:25	26:34	28:47	30:11	31:24	32:11
62	88	27174	Tanya	Coates	F	2	9:55	3:20	5:17	7:15	8:59	10:56	12:49	14:11	18:15	19:16	22:10	23:47	25:21	28:03	29:09	30:27	31:06	32:12
63	52	15908	Alison	Brind	F	1	11:57	3:06	4:58	6:47	8:31	10:36	12:28	14:01	17:30	18:02	21:14	23:06	24:51	26:33	28:48	30:07	31:24	32:15
64	74	6305	Jeff	Campbell	M	1	9:55	3:38	5:32	7:29	8:55	10:50	12:32	14:02	17:35	18:15	21:15	22:57	24:20	26:12	28:38	30:11	31:33	32:17
64=	263	F3647	Shirley	Hume	F	1	9:55	3:39	5:44	7:35	9:01	10:55	12:33	14:01	17:35	18:15	21:17	22:53	24:20	26:12	28:37	30:10	31:34	32:17
66	72	23103	Fiona	Cameron	F	5	11:57	3:12	5:16	7:09	8:38	10:37	12:28	13:59	17:13	17:57	21:06	22:59	24:47	26:34	28:48	30:19	31:37	32:18
67	f	23884	Andrew	Sansum	M	1	11:57	3:16	5:07	6:59	8:27	10:37	12:21	14:04	17:15	18:04	21:25	23:23	25:13	26:44	29:12	30:19	31:36	32:23
67=	484	28685	Sue	Walker	F	1	9:55	3:53	5:44	7:43	9:12	10:59	12:34	14:16	18:18	18:50	21:59	23:54	25:21	27:01	28:59	30:19	31:42	32:23
69	336	16499	Andy	Mohun-Smith	M	12	9:55	3:36	5:41	7:37	9:18	11:14	13:08	14:47	18:28	19:18	22:10	24:03	25:16	26:55	29:00	30:27	31:45	32:25
70	73	8255	Robert	Cameron-Wood	M	7	9:55	3:20	5:16	6:53	8:16	10:11	11:56	13:17	17:00	17:31	20:21	22:20	23:59	25:53	28:24	30:02	31:38	32:32
71	30	nk	Christine	Benson	F	1	9:55	3:27	5:27	7:13	8:34	10:20	11:58	13:34	17:40	18:23	21:34	23:20	24:56	26:49	29:17	30:47	32:07	32:44
71=	255	F19543	Marla	Howard-Cutts	F	1	9:55	3:28	5:26	7:13	8:35	10:20	11:59	13:34	17:40	18:25	21:34	23:20	24:56	26:49	29:17	30:47	32:07	32:44
71=	213	9076	Peter	Hamson	M	15	9:55	3:38	5:35	7:27	9:00	10:59	12:40	14:11	18:10	19:03	21:42	23:38	25:16	26:55	29:17	30:50	32:09	32:44
74	407	11433	Tony	Roberts	M	16	9:55	3:39	5:41	7:34	9:12	11:00	12:43	14:14	18:34	19:07	21:57	23:45	25:18	27:01	29:17	30:47	32:03	32:47
74=	124	28367	Kevin	Dews	M	1	9:55	4:27	7:00	9:02	10:44	12:55	14:44	16:22	19:12	19:48	22:16	23:55	25:25	27:04	29:19	30:46	32:03	32:47
76	221	26447	Jason	Harrison	M	1	11:57	3:18	5:07	6:58	8:29	10:36	12:26	13:43	17:07	17:45	20:46	22:44	24:19	26:07	28:37	30:11	31:46	32:50
76=	282		Sark	Kenny	M	1	11:57	3:18	5:07	6:58	8:29	10:36	12:27	13:43	17:13	17:46	20:46	22:45	24:19	26:07	28:37	30:11	31:46	32:50
78	63	27777	Phil	Bryant	M	2	9:55	3:49	5:54	7:52	9:33	11:34	13:16	14:40	18:17	19:03	21:58	23:53	25:25	27:14	29:37	31:04	32:16	32:54
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80	8	23001	Wendy	Armitage	F	2	9:55	3:20	5:13	7:01	8:34	10:20	12:04	13:34	17:40	18:23	21:34	23:20	24:57	26:49	29:17	30:52	32:10	32:56
80=	115	7373	Tony	Deall	M	1	9:55	3:20	5:14	7:03	8:34	10:21	12:05	13:35	17:40	18:25	21:35	23:22	24:57	26:52	29:20	30:53	32:10	32:56
82	498	1330	David	Whitehead	M	29	9:55	3:38	5:33	7:29	9:00	10:55	12:32	14:02	17:37	18:17	21:11	22:57	24:23	26:17	28:50	30:27	32:03	33:05
83	294	15203	Brian	Layton	M	11	9:55	3:31	5:30	7:17	8:48	10:47	12:24	13:53	17:26	18:42	21:40	23:29	25:13	29:17	29:45	31:03	32:19	33:07
84	87	6826	Nigel	Coates	M	13	9:55	3:22	5:19	7:21	9:00	10:59	12:49	14:11	18:20	19:16	22:20	24:06	25:35	27:33	29:47	31:14	32:36	33:17
85	323	13892	Stephen	Mayne	M	4	9:55	3:25	5:26	7:18	8:53	11:03	12:46	14:11	17:58	19:05	21:48	23:36	25:05	28:03	29:26	31:01	32:26	33:20
85=	143	24972	Stephen	Edwards	M	1	9:55	3:25	5:26	7:18	8:57	11:03	12:46	14:11	17:58	19:05	21:39	23:36	25:18	27:03	29:26	31:00	32:24	33:20
87	448	26770	Graham	Stainsby	M	9	9:55	3:31	5:39	7:34	9:12	11:12	13:09	14:47	18:27	19:02	22:05	23:49	25:37	27:27	29:51	31:19	32:39	33:21
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188	227	1	Wilhelm	Heij	M	15	9:55	4:00	6:20	8:35	10:21	12:49	14:36	16:21	20:15	21:18	24:51	26:46	28:40	30:48	33:29	35:18	37:07	38:32
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193	385	21465	Bill	Pritchard	M	7	9:55	4:11	6:28	8:41	10:35	12:57	15:05	17:04	17:58	22:07	25:23	27:32	30:11	31:36	34:19	35:57	37:38	38:46
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193=	314	17260	Rob	Lowe	M	10	9:55	4:10	6:28	8:41	10:35	12:57	15:05	17:04	20:46	22:07	25:20	27:26	29:29	31:33	34:17	35:56	37:38	38:46
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205	281	29094	Fran	Kenden	F	1	9:55	4:45	7:21	9:39	11:29	13:53	16:29	18:02	21:28	22:32	25:48	28:02	29:44	31:54	34:55	36:39	38:30	39:38
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207=	306	27286	Maggie	Lewis	F	1	9:55	4:13	6:37	8:47	10:43	13:09	15:19	17:29	21:14	22:20	25:59	27:51	29:44	32:02	35:09	36:53	38:40	39:41
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215	415	21	Tony	Rowley	M	29	9:55	4:25	6:45	9:03	11:06	13:28	15:40	17:54	21:53	22:28	25:56	28:13	30:15	32:29	35:29	37:14	39:28	40:15
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217	223	18516	Brian	Harwood	M	9	9:55	4:17	6:52	9:05	11:01													

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252=	300	7567	Colin	Lees	M	19	9:55	4:30	7:00	9:33	11:36	14:07	16:19	18:22	22:39	23:33	27:11	29:21	31:22	33:47	36:54	38:52	41:15	42:14
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255=	486	28841	Jacob	Wals	M	1	9:55	4:17	6:52	9:02	11:01	13:48	16:14	17:55	21:24	23:04	26:37	28:51	31:22	33:47	36:57	39:02	41:10	42:15
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266	147	25180	Elton	Ellis	M	3	9:55	4:43	7:18	9:39	11:29	13:54	16:44	18:25	23:11	24:41	28:17	30:23	32:06	34:09	37:25	39:31	41:30	42:38
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273	195	22088	Eileen	Greenwood	F	4	9:55	4:33	7:16	9:39	11:50	14:41	16:48	18:38	22:32	23:44	27:20	29:31	31:49	34:18	37:27	39:45	41:41	42:56
273=	131	24228	Thomas	Dornan	M	1	9:55	4:33	7:12	9:25	11:26	14:01	16:09	17:45	22:16	23:30	27:24	29:43	32:13	34:18	37:24	39:45	41:41	42:56
275	268	28831	Ruth	Jackson	F	1	11:57	4:23	6:30															

280	330		Molly	Melhuish	F	1	9:55	4:07	6:31	8:52	10:45	13:02	15:08	16:53	21:05	22:31	26:25	28:47	30:50	33:20	35:17	38:36	41:07	43:21
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284	154		Dyfed	Evans	M	1	9:55	4:07	6:31	8:52	10:45	13:02	15:08	16:53	21:05	22:29	26:25	28:48	30:50	33:20	36:18	38:36	41:07	43:24
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287	329	?	Paul	McLaughlin	M	1	11:57	3:29	5:27	7:57	10:04	12:59	15:16	17:11	21:40	24:24	27:08	29:18	31:43	34:10	37:49	40:24	42:25	43:43
288	59	11826	Julie	Brownhill	F	6	9:55	4:46	7:28	9:52	12:08	15:05	17:50	19:30	23:19	24:47	28:27	30:52	33:07	35:32	38:50	40:43	42:45	43:44
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290	134	28707	James	Drummond	M	1	11:57	3:29	5:32	7:38	9:22	11:33	13:52	15:57	20:20	21:25	25:25	27:59	30:29	33:15	37:01	40:16	42:51	44:04
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291=	482	21105	Melvyn	Walker	M	4	9:55	4:36	7:17	9:52	12:05	15:05	17:34	19:33	23:54	25:06	28:30	30:49	32:52	35:16	38:34	40:43	43:00	44:05
291=	483	21103	Stephen	Walker	M	7	9:55	4:36	7:17	9:52	12:05	15:05	17:34	19:33	23:54	25:06	28:30	30:49	32:52	35:16	38:34	40:43	43:00	44:05
294	82	12889	Mike	Childs	M	16	9:55	4:55	7:55	11:01	13:34	16:17	18:56	20:48	24:29	25:34	29:06	31:20	33:20	35:34	38:59	41:10	43:25	44:30
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294=	122	577	Richard	Denby	M	7	9:55	4:40	7:15	9:40	11:54	14:56	17:28	19:16	23:18	24:44	28:23	30:52	33:16	35:35	38:55	41:10	43:25	44:30
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298	152	15533	Sue	England	F	9	9:55	4:54	7:41	10:10	12:25	15:05	17:44	19:26	23:22	24:04	28:16	30:29	32:45	35:22	39:03	41:19	43:42	44:50
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301=	451	15898	Philip	Stevens	M	2	9:55	4:45	7:11	9:39	11:49	14:41	16:56	18:52	23:15	24:28	28:32	31:11	33:55	36:23	40:18	42:30	44:19	45:18
304	169	23082	Peter	Ford	M	5	9:55	4:40	7:16	9:40	11:50	14:41	17:00	19:11	23:18	24:34	28:38	31:23	33:50	36:18	39:45	41:53	44:07	45:20
304=	332	9322	Arthur	Metcalfe	M	8	9:55	4:54	7:50	10:31	13:07	16:17	18:54	20:52	24:43	25:45	29:31	31:51	34:21	37:03	40:09	42:19	44:13	45:20
304=	334	20397	Andrew	Miller	M	1	9:55	4:31	7:08	9:35	11:50	15:01	17:38	19:46	24:09	24:43	29:28	31:51	34:35	37:03	40:08	42:19	44:14	45:20
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313	430	21771	Gordon	Shaughnessy	M	1	9:55	4:56	7:46	10:15	12:21	15:17	17:54	19:48	24:15	25:33	29:41	32:09	34:43	37:10	40:34	42:30	44:38	45:45
313=	167	23990	Nicola	Foad	F	2	9:55	4:30	7:10	9:47	12:02	15:05	17:39	19:38	22:09	25:23	29:10	31:35	33:45	36:11	39:51	42:09	44:27	45:45
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313=	445	20093	Martyn	Smith	M	1	9:55	4:31	7:08	9:35	11:50	15:01	17:38	19:46	24:08	24:50	29:32	32:14	34:40	37:11	40:35	42:32	44:33	45:45
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313=	416	16607	Ian	Sage	M	1	9:55	4:48	7:27	10:10	12:21	15:14	17:54	19:49	24:15	25:39	29:39	32:09	34:43	37:11	40:36	42:33	44:38	45:45
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321=	15	7886	Mike	Atkins	M	12	9:55	4:00	6:27	8:50	10:56	13:46	16:02	18:04	22:20	23:15	26:58	29:20	31:39	34:20	38:11	41:01	44:14	45:59
323	317	12504	Neil	Mansfield	M	18	9:55	4:55	8:05	10:42	13:02	16:32	18:58	20:49	25:09	26:28	30:39	33:12	35:30	38:07	41:24	43:36	45:48	46:05
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327	420	22732	Philip	Saunders	M	1	9:55	4:25	7:15	9:52	12:05	15:29	17:49	19:53	23:43	24:55	29:10	31:52	34:11	36:45	40:18	42:45	45:09	46:21
327=	384	28024	Anthony	Price	M	2	9:55	4:26	7:21	9:52	12:04	15:29	17:50	19:53	23:49	25:20	29:11	31:55	34:11	36:45	40:17	42:45	45:09	46:21
327=	440	26289	Kevin	Slater	M	1	9:55	4:25	7:21	9:52	12:02	15:29	17:49	19:51	23:40	24:55	29:10	31:45	34:05	36:45	40:16	42:35	45:05	46:21
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331	341	22099	Mr	Munn	M	4	9:55	4:49	7:25	9:55	12:02	15:05	17:39	19:39	23:56	25:24	29:11	31:35	33:45	36:11	39:52	42:12	44:48	46:34
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333	427	13102	Patricia	Seabrook	F	1	9:55	4:46	7:26	1														

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346=	412	23269M	Kathryn	Ross	F	1	9:55	4:30	7:23	9:52	12:12	15:01	17:30	19:31	23:59	25:29	29:29	32:23	35:00	37:29	41:21	43:54	46:25	47:42
346=	183	4664	Tim	Glenn	M	26	9:55	4:32	7:11	9:50	12:27	15:41	19:25	21:39	26:12	27:40	31:45	34:35	36:35	39:29	42:25	44:14	46:27	47:42
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355	457	16048	Christine	Stratton	F	4	9:55	3:54	6:08	8:09	9:51	11:46	13:39	15:09	19:26	20:39	23:42	25:41	27:21	29:30				
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357	438	116396	Nick	Skidmore	M	3	9:55	4:00	6:37	8:35	10:45	12:45	14:52	17:19	21:39	21:45	24:49	27:31	28:55	30:48				
358	253	19338	Dave	Hough	M	1	9:55	4:27	6:51	9:01	10:53	13:42	15:08	16:58	20:42	21:29	24:52	27:07	28:57	31:35				
359	69	20738	Graham	Busch	M	2	9:55	4:19	6:51	8:53	10:47	13:20	15:21	17:41	21:22	22:28	25:44	27:51	29:50	32:04				
360	358	21647	Barry	Olver	M	2	9:55	4:25	7:00	9:31	11:35	14:14	16:30	18:23	22:11	23:38	26:58	29:26	31:35	34:21				
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363	313	16035	Paul	Loveclock	M	1	9:55	4:57	7:50	10:25	13:04	16:21	18:56	21:03	25:09	25:45	30:44	32:59	34:12	37:12				
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367	402	22531	Neil	Ridsdale	M	4	13:57	2:34	4:04	5:23	6:30	8:10	9:27	10:46	13:00	13:35	16:10	17:38	19:18					
368	148	26963	Gareth	Ellis	M	2	11:57	3:14	5:13	6:58	8:15	10:07	11:54	13:27	16:40	17:03	20:01	21:32	23:07					
369	289	7302	Mike	Laurence	M	18	9:55	3:59	6:21	8:29	10:20	12:36	13:45	16:38	20:14	21:03	24:10	26:17	28:41					
370	459	23733	Ian	Taylor	M	3	9:55	4:25	6:56	9:27	11:26	15:01	16:35	18:35	22:26	23:33	28:00	30:46	32:10					
371	501	27723	Mathew	Whitmore	M	1	9:55	5:07	7:58	10:42	12:50	15:36	17:51	19:26	23:43	25:32	29:35	33:11	35:20					
372	365	25137	Jesse	Palmer	M	3	11:57	4:47	6:29	8:08	9:25	10:54	12:19	13:23	15:42	16:09	18:42	20:28						
373	396	27051	Gavin	Rennie	M	1	11:57	2:57	4:36	6:28	7:50	9:35	11:08	12:43	16:17	17:11	20:07	21:55						
374	68	21593	Roderick	Burton	M		11:57	3:04	4:52	6:47	8:06	9:53	11:30	13:16	16:47	17:37	21:24	23:30						
375	262	F3647	Chris	Hume	M		9:55	3:54	5:55	7:56	9:23	11:13	12:51	14:27	18:20	19:19	22:24	24:35						
376	256	6004	John	Howarth	M	18	9:55	4:01	6:11	8:12	10:00	12:00	13:51	15:25	18:58	19:32	22:44	24:40						
377	173	28673	David	Frame	M		9:55	3:28	5:32	7:37	9:21	11:39	13:21	14:58	18:21	19:39	23:03	25:19						
378	93	10468	Jonathan	Comber	M	3	9:55	3:45	6:03	8:05	9:49	11:51	13:41	15:09	19:01	19:43	23:25	25:31						
379	308	24863	Steve	Littlewood	M		9:55	4:10	6:23	8:29	10:20	12:36	14:34	16:36	20:15	21:35	24:48	27:04						
379=	495	26426	Andy	Weston	M	1	9:55	3:29	5:32	7:37	9:25	11:39	13:39	15:18	19:27	20:50	24:50	27:04						
381	40	22772	David	Bond	M	6	9:55	4:26	6:56	9:04	10:58	13:20	15:21	17:40	21:23	22:17	25:43	27:39						
382	353	23060	Roger	Nuttall	M	3	9:55	4:23	6:54	9:15	11:15	13:48	15:57	17:40	21:25	22:11	25:56	28:56						
383	449	2670	John	Stenton	M		9:55	4:17	6:50	9:09	11:09	13:37	15:57	17:39	21:37	23:07	26:49	29:07						
384	506	F13081	John	Willer	M	8	9:55	3:42	5:57	8:05	9:44	11:44	13:42	16:03	19:54	21:11	24:34	29:57						
385	400	7978	Rob	Richardson	M	1	9:55	4:38	7:21	9:50	11:59	14:41	17:01	18:48	23:05	23:58	27:57	30:15						
385=	137	9534	Sara	Dyer	F	3	9:55	4:28	7:00	9:20	11:29	14:42	17:15	19:55	23:19	24:01	28:08	30:15						
387	376	24287	Stephen	Platt	M	1	11:57	5:33	7:41	9:49	12:39	15:59	18:18	19:58	23:47	24:34	28:47	31:05						
388	113	24329	Gerald	Davies	M	3	9:55	4:30	7:19	9:49	12:05	14:55	17:17	19:24	23:19	24:26	28:43	31:39						
389	503	25364	Sahrah	Wilding	F		9:55	4:43	6:17	10:08	12:42	15:40	18:12	20:20	24:29	25:34	29:34	32:45						
390	21	26837	Robert	Barclay	M	1	9:55	4:27	6:59	9:31	11:59	15:01	17:50	20:07	24:13	25:27	29:28	32:46						
390=	23	20854	Wayne	Bartlett	M	3	9:55	4:39	7:25	9:52	12:12	15:01	17:30	19:31	23:50	25:38	29:28	32:46						
392	426	24664	Aaron	Scrivener	M	1	9:55	4:43	7:34	10:08	12:47	16:17	19:06	20:51	25:09	26:20	30:59	33:25						
393	251	25726	Nick	Hooper	M	1	9:55	4:36	7:25	10:15	12:24	13:07	18:17	20:15	24:50	26:23	30:52	33:44						
393=	450	25726	Barbara	Stephens	F	1	9:55	4:36	7:25	10:15	12:24	15:42	18:17	20:15	24:50	26:23	30:52	33:44						
395	279	24073	Gordon	Kay	M	3	9:55	4:37	7:28	10:27	12:37	15:50	18:42	20:48	25:04	25:06	31:51	34:10						

